

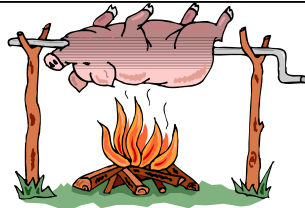


# Scotia-Glenville Senior Citizens Senior Moments

Volume 38 Number 3

May-June 2012

Glenville Senior Center ★ 32 Worden Road, Glenville, NY 12302 ★ 518-374-0734



## 2nd Annual Pig Roast Dinner and Roasted Chicken Dinner

Sunday May 6, 4-6 pm

*Eat in or take out.*

*Presented by Andy's Catering.*

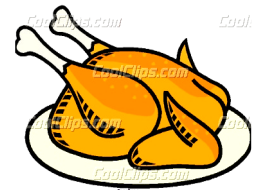
**Pig Roast Dinner \$15.**

**Roasted Chicken Dinner \$10.**

**Meals include dressing, mashed potatoes and gravy,  
green beans, tossed salad, cookies, beverages.**

Tickets are available now at the Senior Center, or at the door

**Public is invited – Senior Center membership is not required.**



## Trips

*Complete details on page 7.*

### Summer Bargain Special

**Sunday-Wednesday, June 10-13. 4 days, 3 nights – Wildwood/Cape May, NJ.**

Deluxe hotel including breakfasts and dinners every day, entertainment every night.

### Other great trips

**Tuesday, June 12 – "Sounds of Hollywood", Hilton Inn, Troy, NY.**

**Sunday, July 1 – Tall Ships, Boston Harbor, MA.**

**Tuesday, July 31 – Lake George Dinner Theatre, Lake George, NY.**

**Monday, August 6 – Culinary Institute Italian Restaurant, FDR Library & House, Hyde Park, NY.**

**Tuesday, August 21 – Connecticut Wine Rail & Sail, Essex, CT.**

### MARK YOUR CALENDAR

**Exec Council:** Thu: May 3 & Jun 7; 10:00 am  
at Town Hall

**Directors:** Thu: May 10 & Jun 14; 2:00 pm  
at Senior Center

**Senior Moments Deadline:** Thu Jun 7

**Senior Moments Mailing:** Thu Jun 28, 9:00 am

**Senior Center and Meal Site CLOSED Monday May 28**

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**GLENVILLE SENIOR CENTER**

**(518) 374-0734**

32 Worden Rd., Glenville, NY 12302

Center open 9:00 am to 4:00 pm

Center is closed Sat. & Sun. & holidays except  
open for special events as noted herein.

## SENIOR CENTER NEWS

### Fountain of Youth

Time for the Center to heat up for the coming summer. Here's what is HOT:

**2<sup>nd</sup> annual Pig and Chicken Roast – May 6, 4-6pm**

**Great Trips for seniors and friends – page 7**

**New and exciting movies – page 6**

Please join us and support our growing senior programs.

I am asking all members to respect our contractual responsibilities with the Town of Glenville in regard to activities at the Center (see page 5).

Also, we do need drivers for our van service – please contact **Linda Reinhart** at the Center.

I would like to thank **Phil Benner** for his long, dedicated, and effective service during the past years of van service.

Thanks to our **social committee** for the fun and frolic enjoyed at the Valentine's and St. Patrick's celebrations.

Check your **membership card** to be sure you have updated to 2012. If you haven't, please do so now; use the form on page 10, or pick up a form at the Front Desk.

*George*

### Senior Moments Mailing party

Thursday June 28, 9:00 am

Come chat with others while helping get the newsletter ready for mailing. We gather in the meal site and are usually done in about 1<sup>1</sup>/<sub>2</sub> hours. Our *Senior Moments* newsletter is mailed 6 times a year and couldn't be done without the help of the volunteers who fold the newsletter and apply the pre-printed labels for mailing.

Refreshments and coffee will be served.

### Calling all gardeners!

Last summer we had a wonderful group of volunteers that kept the Senior Center's garden looking beautiful. We would like to get another group together this year. In May, there will be a day or two to clean out the gardens, plant annuals, and mulch. Then there will be just another day or two for each gardener to weed and deadhead during the summer. We will also do a final cleanup in the fall.

**Instruction will be available to anyone who wants to help but is new to gardening.** Our members really appreciated the hard work of our volunteers last summer! If interested, please call Paula DeVries at 885-9709 or leave your name with Cindy.



## SPECIAL EVENTS.

### Active-Older-Adult Day

Wednesday, May 30, 9-11am

Join us at the Glenville Senior Center for an enjoyable morning filled with free senior-specific lifestyle information and health screenings.

Improve your balance with a workshop, learn basic gardening tips, and find out about local services available for seniors.

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## COMMUNITY NEWS.

### 2012 Entertainment Books still available

\$30. Contact Rosemary Pryne, 399-4726

### Donate empty ink cartridges

The Golden Retriever Rescue Operation is collecting empty printer ink cartridges. For more information, please call **Rosemary Pryne** at 399-4726.

### Recycle your old eyeglasses

The **Scotia Lions Club** collects discarded eyeglasses which they restore and give to those less fortunate. So (gently) drop off your old glasses in the collection box in the Center library and help the Lions to help others.

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Howard and his wife Maud, both 85, were in their matching recliners. Maud was reading the latest *Senior Moments*, Howard was watching TV. Maud looked up and asked, "How come you never talk to me anymore?"

Howard thought a moment, then said, "I told you everything I know years ago".

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### SENIOR STUMPERS

*Answers, page 11*

#### Words in common

What do the following eight words all have in common?

LONG LEG GREEN TIN  
BIG SHOE BULL FOG

**9, 8, 7 . . . 1**

What nine-letter word in the English language is still a word each time the letters are removed one by one?

# CENTER SERVICES

Center Membership is required unless noted otherwise. Be prepared to show your Membership Card.

## AARP Driver Safety Program

*Senior Center membership is not required.*

This program can reduce your auto insurance premiums. Classes are conducted at the Center by trained instructors. Classes consist of two three-hour sessions held on two successive days.

Upcoming classes, 2-5 pm each Tues and Wed:

May 22-23—Full

June 19-20 – Full

July 17-18

No Class in August

Sep 18-19

Price: AARP Members, \$17, non-AARP members \$19. Pay by check (no cash), payable to AARP.

## The Sunshine Club

Know any member who is recovering from an illness/operation or the family of a member who has died? Or maybe a member who could use an extra ray of sunshine? The Sunshine Club would be happy to send a card or make a phone call to let them know that they are in our thoughts and how special they are to us. Contact **Judith Connors** at the Center.

## Display Case

Coming up:

Thank you to **Shirley Taft** for her snowman collection in March, and to **Shirley Sutphen** for her carved birds in April.

June - Noah's Ark display by **Joan Weaver**

July - Wood carvings and turnings by **Bill Johnson**

We are **always in need of collections.**

Call **Anne Litynski** at 399-5822 to set up a date.

*Remember, the case is lighted and is always locked.*

## Free Computer Lessons

Instructors are available Tuesday, Wednesday, and Thursday afternoons and Tuesday mornings for one-hour sessions. Call the Center to schedule an appointment.

## Coupons Exchange

There's a coupon exchange box on the table in the hallway. Take what you need; donate those you don't need.



### SENIOR STUMPER



**A man and a woman**

*Answer, page 11*

A man and a woman are facing each other. The one with brown eyes says, "I'm a man." The one with blue eyes says, "I'm a woman." At least one of them is lying. Who's who?

## Van Transportation

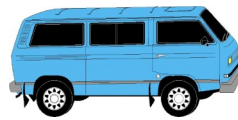
For residents of Glenville and Scotia only.

Senior Center membership not required.

*Our van must stay within Glenville/Scotia.*

NO VAN SERVICE on days when Scotia-Glenville schools are closed or delayed due to snow.

(Yes, snow HAS been known to happen in May!)



 **On-request pickup and delivery**

Call 374-0734 at least a day ahead (up to two weeks ahead) to reserve

space and schedule a ride to take you on your errands: to the barber or hairdresser, Wal-Mart, grocery store, etc.

**Donations are gratefully accepted** to help defray costs. *The Center cannot offer transportation to medical appointments, but Catholic Charities may be able to, with a week's notice; call Catholic Charities 357-4710 (donations accepted).*

 **Tuesdays: Scheduled trips to Malls**

Call a week ahead to reserve a space. We begin home pickups at 9:30 am and return at 2:00 pm. Schedule subject to change, based on availability of drivers.

**No charge, but donations are appreciated.**

Rotterdam Mall

May 8,22

Jun 5,19

Clifton Park Mall

May 1,15,29

Jun 12,26

## Van Drivers Retire

A great big thank you to our volunteer Van drivers **Phil Benner** and **Matt McDonald**. Phil and Matt have driven the van for many years and the all the clients truly enjoyed all their help over the years. And a special Thank -you to Phil for all the care he took with the maintenance and purchase of the van. We all wish you both well!

## WE NEED DRIVERS

Contact **Linda Reinhart** at the Center.



**Attention GE employees, retirees, and spouses of either**

Gifts of \$25 or more to the Senior Center can be matched by the GE Foundation's Matching Gift Program. To register gifts, call the GE Matching Gift Center at 1-800-305-0669, or go online at [www.ge.com/foundation/matching\\_gifts.html](http://www.ge.com/foundation/matching_gifts.html). On that website, the Senior Center appears on the list of "Approved" organizations as:

SCOTIA GLENVILLE SENIOR CITIZEN RECREATION RELATED CONCERNS (Approved)

32 WORDEN RD., SCOTIA, NY 12302-3409

Tax ID: 222186497

Matching is available only for true gifts, not for payments for annual dues, trips, admission to events, meals, etc.

Call Cindy for more information.

# CLASSES AT THE SENIOR CENTER

All classes require registration Center membership is required; must show current membership card at registration  
Please feel free to come and observe any class. Refunds for missed classes must be requested from the instructor.

YMCA Classes			
Registration has passed. Please see instructor for class availability. Fees: 1 class/wk \$32; 2, \$43; 3, \$54; 4, \$65; 5, \$76			
Class	Instructor	Schedule	Notes
Fit Over 50	Andrea Leahy	Wed & Fri 9:15	
Flexibility	Andrea Leahy	Mon 9:15, Wed 10:15	
Forever strong	Andrea Leahy	Mon & Fri 10:15 Wed & Fri 11:15	
Forever Yoga	Lisa Temoshok	Tue 11:30	
Gentle Pilates for seniors	Andrea Leahy	Mon 11:15, Thu 11:30	
Zumba Gold	Andrea Leahy	Tue & Thu 9:15	
Senior Center Classes			
Gentle Mat-based Yoga Practice	Ginny Rovelli	Tue 12:30, begin May 1	See description, page 5
Gentle Yoga	Nancy Tobiessen	Wed 2:00	\$44 to Nancy first day of class
Tai Chi practice	Ginny Rovelli	Tue 8:45 am	
<b>PLAN AHEAD: SUMMER SESSION: 7 weeks: July 8—Aug 24</b>			
<b>YMCA Class Registration Thursday June 21, 9:00—11:00 am</b>			

## YMCA Classes

### Flexibility

Stiff Joints? Need relaxation? This class will help to make everyday tasks easier. 45 minutes of easy stretching and relaxation techniques, performed seated, help ease stiff joints and increase your range of motion.

### Forever strong

Weight-bearing exercises are an effective and simple way to help fight osteoporosis. Light weight-bearing exercises designed to increase both muscle strength and bone density will be performed on both the upper-body and lower-body muscles. Equipment is provided. 45-minute class.

### Forever Yoga

Improve circulation, flexibility, strength, and balance, and lift your spirits through yoga postures, breathwork, and relaxation techniques. We will focus on chair-based and standing postures; no mat needed. 45-minute class.

### Gentle Pilates for seniors

This 45-minute class will provide gentle exercises to stretch and strengthen the “Core” muscles of the body. Exercises will focus on the abdominals, back, and hips to help keep you standing tall. A yoga exercise mat is required, since most of the exercises are done on the floor.

### Fit Over 50

A gentle warm-up, followed by invigorating aerobic, strengthening, and stretching segments. Total body conditioning leaves you feeling energized. 45 minutes.

### Zumba Gold

Ditch the workout and join the party! Zumba Gold uses Latin rhythms and easy-to-follow steps to create a dynamic and fun fitness program. 45-minute class.

## Other Senior-Center Classes

### Gentle Yoga

Yoga can help promote wellness through stretching, conscious breathing, simple postures, and relaxation. It can also help calm the nervous system, lower blood pressure, increase flexibility and improve balance. Can be adapted to meet individual needs. Beginners welcome. Wear loose-fitting, comfortable clothing. Bring mat, blanket, and small pillow.

**Nancy Tobiessen** is a certified Kripalu yoga instructor with special training for seniors.

### Tai Chi practice

We are a small group trying to maintain our Tai chi skills by practicing and sharing our knowledge. If you are interested and have some knowledge or just curious, we welcome you to join us. A great big Thank you to **Ginny Rovelli** for spearheading this activity.

# CENTER ACTIVITIES

**MORE ACTIVITIES  
ON PAGE 6**

Center Membership is required unless noted otherwise. Be prepared to show your Membership Card.  
If you haven't renewed your membership for 2012, use application form on page 12.

## Responsibilities of activity participants

To clear up possible confusion or misunderstandings regarding who does what:

**Participants** in Center activities (meetings, discussion groups, cards and table games, films, presentations, etc.) using Center equipment (e.g., chairs, tables) **are responsible** for **retrieving and setting up** equipment needed for the activity, and for **returning** it when finished with the activity.

In cases where someone else has kindly done some set-up for you, **you remain responsible** for take-down and put-away unless told otherwise by a responsible person.

## Acrylic and oil painting

**Fridays, 10:00 am to 1:00 pm**

**See instructor, Dani Morette, for fees and schedule.**

Learn new techniques or brush up (!) on what you already know. Bring your own supplies (oil or acrylics) and canvas. Paint whatever you desire; the instructor will provide guidance on color mixing, technique, etc.

Casual atmosphere – paint at your own pace. Beginners and previous students welcome.

## Knitting and Crocheting

**Tuesdays, 1:00 pm.**

**Join us anytime!** If you are a knitter or crocheter, stop by to meet some new friends. Want to learn either? We will help get you started. New members welcome!

Thanks to those who have replenished our supply of yarn.

**We do not need any more yarn at this time.**

For more information, call **Anne Macejka** at 393-3551.

## Bocce

Let's play Bocce! Experienced or not, everyone is welcome to play. We need players for the new season beginning in May. For information Call **Vito Spinelli** at 384-0926 and we will set up some days and times to play.

## Cribbage

**Tuesdays 10:00 am**

We have 13 regulars who participate in spirited competition. Come join us to play or learn to play. We guarantee you will have a good time!

– *Stan Gordon, Pegmaster*

## Coffee and Conversation

**Tuesdays, 9:00-11:00 am**

Enjoy some refreshments and a great cup of coffee while you share your thoughts with others. If you are new to the Center, this is a great way to meet new friends.

## Card Playing

**Mondays and Thursdays, 12:30 pm**

We play bridge, pinochle, canasta, hand-and-foot card game.....and mah jong. This is a great opportunity to meet new friends.

Generally, foursomes are established and seldom have openings for drop-in players. So if you wish to play cards, please call or come to reception desk to add your name to the list of new interested players, indicating what game(s) you are interested in. Someone will follow up with the list to establish new groups of play.

## Duplicate Bridge

**Tuesdays, 12:45-4:00 pm**

No previous experience is necessary. This is a friendly game! Come with your partner.

## Mah Jong

**Mondays, 12:30 pm Wednesdays, 9:00 a.m.**

Anyone who knows the game is welcome to join us. We have the game boards or you can bring your own. We also play at the card sessions on Mondays and Thursdays.

## Gentle Mat-Based Yoga Practice

**Tuesdays 12:30; Begins May 1**

Interested in renewing and maintaining Yoga postures, both standing and on the mat? Join a group of like-minded seniors who love yoga and want to practice with other yoga-lovers! **Ginny Rovelli** will help lead this free practice class. If you can't make the first class, please call the Center and leave your name and phone number if interested. (See Classes schedule, page 4.)

# CENTER ACTIVITIES

**MORE ACTIVITIES  
ON PAGE 5**

Center Membership is required unless noted otherwise. Be prepared to show your Membership Card.

## Responsibilities of activity participants

See page 5

### First Friday Film Club

First Friday each month, 1:30 pm

**MAY 4: *I've Loved You So Long*** (French, 2008)

Juliette was in prison for 15 years for the murder of her son Pierre. On her release, she comes to live with her sister Lea and her family. Slowly Juliette struggles to find her place in society and gets closer to her brother-in-law Luc and her nieces. Lea discovers the truth about Pierre's death.

Starring Kristan Scott Thomas and Elsa Zylberstein  
Nominated for Golden Globe and other awards.

**JUNE 1: *Places in the Heart*** (USA, 1984)

A gritty widow in the 1930s Texas is struggling to keep her family farm with the help of her children, a blind white man, and other boarders.

Starring Sally Field and Lindsay Crouse.  
Sally Field won her second Oscar.

Snacks and coffee will be provided at all shows.

**There will be no shows in July and August.**

**The next season will start on September 7.**

Suggestions for future screenings are always welcome.

Call N. Nagarajan, Coordinator, 399-0195.

### Monday and Wednesday Golf League

Begins Wednesday May 2

Season play will begin at the **Galway Golf Club** on Wednesday, May 2 and Monday, May 7 respectively, and continue for 16-18 weeks, ending the latter part of August. If you have any questions, contact Don Hickerson, 518-393-5674, shdogolf@aol.com.

### Thursday Golf League

We are looking forward to a par-filled golf season at the **Mill Road Golf Course**. New players and subs are welcome to join. An organizational meeting was held at the Center on Thursday, April 19 at 1:00 pm.

If you missed the meeting, call **Nancy Wallace** at 312-1123 or **Midge Launsloch** at 772-872-6207 for information.

We are scheduled to begin play on Thursday, May 3 and end on August 16. All players must be members of the Center.

### First-Monday Book Club

10:00 am

All Center members are welcome to join our monthly sessions. For each meeting, please read the book listed and come prepared to join the discussion.

**May 7 – *The Book Thief*** by Markus Zusak

**June 4 – *Snow Flower and the Secret Fan*** by Lisa See

**July 2 – *Journey to Ithaca*** by Anita Desai

### Third-Monday Book Club

1:00 pm

We are looking for new members who enjoy reading and discussing books. Participants come prepared to discuss the book(s) they have read over the past month. Stop in any third Monday – All Center members are welcome.

For information, contact **Mildred Creasey**, 370-0410.

### Silver Threads quilters

Thursdays, 1:00 to 3:00 pm

We are a group of friendly, mentoring ladies who share threads of wisdom and create works of art. Check our Bulletin Board in the main hallway and see photographs of our creations. Our latest creations are quilts for Camp Erin – quilts that will be given to children who are grieving the loss of a loved one. Everyone is welcome; there is no fee.

### Pickleball

Mon, Wed, & Fri, 4:00 pm

Novice play is scheduled for Mondays, Wednesdays, and Fridays. For further information, contact **Fran Strano** (fstrano@aol.com or 469-6519) about weekday play.

### Bowling

**Wednesdays, 9:00 am at Boulevard Bowl on Erie Blvd.**

Scotia Glenville Senior Bowling league is finishing the 2011-12 season at the end of April. We are looking for new bowlers and subs for the 2012-13 season which starts the beginning of September. If you haven't bowled in a long time, or never bowled, this is the time to start. Come join in the fun and get some good exercise. Experience is not needed! Contact **Glen Wiltsie** at 377-4322 until the end of April or during the summer at 696-2574.



## TRIPS and TRAVEL

- ◆ **Make reservations** in person (none by phone).
- ◆ You must **show current membership card** when registering.
- ◆ **Payment** must accompany reservation.
- ◆ **Mail reservations** confirmed only if space is available.
- ◆ Responsible adult must be with anyone requiring **walking aid**.
- ◆ **Cancellations** reimbursed only if a replacement is found.
- ◆ Center members may invite **family or friends** as guests on a trip.
- ◆ **Children** should be at least junior-high-school age.
- ◆ Guests pay non-member rate unless noted otherwise.
- ◆ **Non-members** not sponsored by members as described above subject to bumping by a member who is on waiting list.
- ◆ Trips that are for Senior Center **Members Only** will be so identified in the *Senior Moments* announcement.
- ◆ *Senior Moments* cannot publish announcements of trips sponsored by **organizations other than** the Glenville Senior Center or those we team with for Joint Venture trips.

Our parking lot gets overcrowded on trip days. **PLEASE CARPOOL TO CENTER.**  
Park where directed as you arrive here..

### Wildwood/Cape May, New Jersey

**4 days, 3 nights, Sunday-Wednesday, June 10-13.**

We return to the Wildwood/Cape May Area at an incredible price. Our trip includes the following (subject to minor change) Round-Trip Motor Coach (Wade or Brown)

3 nights at Deluxe Beachfront Property

3 full breakfast, 3 full dinners

3 nights of entertainment includes:

- Renault Winery Dinner Dance
- A Revue Show in Atlantic City, (based on availability), bonus package - full dinner
- Trolley tour of Cape May
- Afternoon pizza party at Hotel
- And more

Cost \$329.00 pp double; \$415.00 pp single

Depart 7:30 am; return approximately 10:00 pm

**Closeout date: May 12**

### "Sounds of Hollywood" – Hilton Inn, Troy, NY Tuesday June 12

*Yes, this overlaps Wildwood trip. Vendor goofed. We're stuck.*

This great 90-minute show is the best of Hollywood and is widely acclaimed throughout the northeast as a "Blockbuster". Do not miss this musical journey through the ages as performed by the Latshaw Pops Orchestra, singers, and dancers. The show captures memories from the "Golden Age of Hollywood" to the blockbusters of today.

Depart 10:00 am; Return approx. 5:00 pm

Cost \$69 pp.

Get luncheon menu when you call to make your reservation.

### Tall Ships - Boston Harbor, MA Sunday - July 1

Boston will be one of 12 ports to host a fleet of Tall Ships from around the world as part of a joint US Navy-Operation Sail event to mark the 200th anniversary of the War of 1812 and the USS Constitution's pivotal role in the conflict. Harbor tours will get you up close to these grand vessels as they return to Boston for the first time since 2009. The five-day Sail Boston festival will begin with the Grand Parade of Sail into Boston Harbor. Vessels will dock in the emerging Seaport District, Fan Pier Basin, Rowes Wharf and at the historic wharfs of the North End and Charlestown where their narrated cruises will provide an exhilarating trip back into history. Meal choices identified at the Senior Center when you sign up. Dinner is at the "Piccadilly".  
Depart - 7:30 am; return approximately 8:30 pm.  
Cost - \$90.00 pp all inclusive (dinner, tips).

### Lake George Dinner Theatre, Lake George Tuesday, July 31

"The Love List" by Norm Foster

In this side-splitting new comedy, Leon and Bill concoct a list of attributes that their ideal woman would possess. When their "ideal woman" suddenly arrives at Bill's door, the men quickly learn that the old adage, "be careful what you wish for", is especially true when it comes to affairs of the heart!

Dinner menu choice available when you signup(4 choices)

Depart 10:00 am; return approximately 5:00 pm.

Cost - \$60.00 pp.

### Culinary Institute Italian Restaurant FDR Library, Hyde Park, NY

**Monday, August 6,**

The Culinary Institute of America (CIA) operates five award-winning, student-staffed public restaurants – St. Andrews Cafe, Ristorante Caterina de'Medici, Escoffier, the American Bounty, and Apple Pie. We have secured reservations for the most popular restaurant, the Italian Ristorante Caterina de'Medici. So, join us for lunch and visit the FDR Library in the warm summer months. Menu will be available at the Center when you sign up.  
Depart 8:30 am; Return 7:00 pm  
Cost \$65 pp.

### Wine Rail & Sail, Essex, Connecticut Tuesday, August 21

Start with a ride on the **Essex Steam Train** - restored railroad cars pulled by two coal-fired locomotives. When the engineer shouts 'all aboard', sit back and journey back to the days of steam: the hiss of steam, the blast of the whistle, and the clackety-clack of the wheels on the tracks. Travel north from Essex Station through the scenic towns of Deep River and Chester, learning of local history, natural wonders, and legends.

Then a short ride from the train station to lunch at **Oliver's Restaurant and Tavern** in Essex, CT. **Pre-Select Entree:** Grilled 9 oz. flat iron steak and sautéed mushrooms; Vermont Cheddar and pear stuffed chicken with classic chicken gravy; baked filet of salmon with seasoned breadcrumbs and herbed beurre blanc; or eggplant parmesan, made fresh and served with a side of pasta. All selections are served with a Caesar Salad, Chef's vegetable and appropriate starch, Dessert, Coffee, Tea.

After lunch, visit **Chamard Vineyards**, in Clinton, CT. Tour the winery for an informative look at their wine-making process, followed by a tasting of five Chamard wines.

Depart Center at 7:00 am. Return approximately 7:00 pm

Cost: \$115 pp

# GLENVILLE SENIOR CENTER – CALENDAR OF EVENTS

## May 2012

Tue	1	Clifton Park Mall
Thu	3	Executive Council Mtg. 10:00 am
Fri	4	Movie 1:30 am
Sun	6	Pig Roast 4 – 6:00 pm
Mon	7	Book Club 10:00 am
Mon	7	Mah Jong 12:30 pm
Tue	8	Rotterdam Square Mall
Tue	8	American Legion Mtg. 1:00 pm
Tue	8	Buddy Holly Show Trip 9:30 am
Thu	10	Board Meeting 2:00 pm
Mon	14	Mah Jong 12:30 pm
Tue	15	Clifton Park Mall
Mon	21	Book Club 1:00 pm
Mon	21	Mah Jong 12:30 pm
Tue	22	Rotterdam Square Mall
Tue	22	AARP Defensive Driving 2 – 5:00 pm
Wed	23	AARP Defensive Driving 2 – 5:00 pm
Mon	28	Senior Center/Meal Site Closed
Tue	29	Clifton Park Mall
Wed	30	Active Older Adult Day 9-11 am

## June 2012

Fri	1	Film 1:30 pm
Mon	4	Book Club 10:00 am
Mon	4	Mah Jong 12:30 pm
Tue	6	Rotterdam Square Mall
Thu	7	<b>Senior Moments deadline</b>
Thu	7	Exec. Council Mtg. 10:00 am
Sun	10	Cape May Trip 7:30 am
Mon	11	Mah Jong 12:30 pm
Tue	12	Clifton Park Mall
Tue	12	American Legion 1:00 pm
Tue	12	Sounds of Hollywood Trip 10:00 am
Thu	14	Board Meeting 2:00 pm
Mon	18	Mah Jong 12:30 pm
Mon	18	Book Club 1:00 pm
Tue	19	Rotterdam Square Mall
Tue	19	AARP Defensive Driving 2-5:00 pm
Wed	19	AARP Defensive Driving 2-5:00 pm
Thu	21	YMCA Classes registration 9-11am
Mon	25	Mah Jong 12:30 pm
Tue	26	Clifton Park Mall
Fri	26	Primary Day 12 – 9:00 pm
Thu	28	<b>Senior Moments Distribution 9:00 am</b>

## Weekly Events – May & June 2012

Mon	Card Playing	12:30 pm
Mon	Mah Jong	12:30 pm
Mon	Pickleball	4:00 pm
Tue	Coffee & Conversation	9:00 am
Tue	Cribbage	10:00 am
Tue	WII	10:00 am
Tue	Knitting & Crocheting	1:00 pm
Tue	Duplicate Bridge	12:45 pm (Exc.6/26)
Wed	Mah Jong	9:00 am (Exc5/30)
Wed	Pickleball	4:00 pm
Thu	Photography Group	10:00 am
Thu	WII	10:00 am
Thu	Card Playing	12:30 pm
Thu	Quilting	1:00 pm
Fri	Acrylic & Oil Painting	10:00 am
Fri	Pickleball	4:00 pm

### Overheard at a Monday card game

Geezerette #1 leans across the table and tries to whisper: "Now, don't get mad at me, but, I have to tell you this. I know we've been playing bridge together for years, but right now I can't remember your name. I've been trying all afternoon, but I can't think of it."

Geezerette #2 glares at her partner for a full minute, then another minute – finally whispers back: "How soon do you need to know?"

### Drugstore

Jacob, age 92, and fiancé Harriet, age 89, walk into a drugstore and approach the pharmacist.

Jacob: "Do you sell heart medication?"

Pharmacist: "Of course we do."

"How about medicine for circulation?"

"All kinds."

"Medicine for rheumatism, scoliosis?"

"Definitely."

"How about Viagra?"

"Of course. Cialis, too."

"Medicine for memory problems, arthritis, jaundice, constipation?"

"Yes, a large variety. The works."

"What about vitamins, sleeping pills, Geritol, antidotes for Parkinson's disease?"

"Absolutely."

"You sell wheelchairs and walkers?"

"All styles, speeds, and sizes."

Jacob looks at Harriet. She nods.

Jacob says to the pharmacist: "We're about to get married.

We'd like to use this store as our Bridal Registry."



# SCOTIA-GLENVILLE NOON MEAL CENTER

Operated by Catholic Charities of Schenectady

## Menu, May & June, 2012

(Subject to change without notice)



Ellie Schantz – Meal Center Manager

Diana Yeo – Meal Center Aide

**Reservations: Call 393-1946, 9:00 am to 2:00 pm, a day in advance.**

**Please call ahead if you need to cancel a reservation.**

**Substitutions available.** Make request when you call for reservation.

**Suggested donations for meals: \$3.25 for those 60+; \$6.00 for those under 60.**

### May 2012

Tue	1	Turkey Tetrizzini
Wed	2	Paste Primavera
Thu	3	Beef & Broccoli
Fri	4	Spinach & Cheese Quiche
Mon	7	Baked Ham
Tue	8	Turkey Ala King
Wed	9	Franks & Beans
Thu	10	Chicken Cacciatore
Fri	11	Breaded Fish
Mon	14	Stuffed Shells w/Sausage
Tue	15	Roast Beef Dinner
Wed	16	Kielbasa w/Sauerkraut
Thu	17	Corned Beef & Cabbage
Fri	18	Macaroni & Cheese
Mon	21	Veal Scaloppini
Tue	22	Baked Chicken
Wed	23	Baked Ziti
Thu	24	Beef Stroganoff
Fri	25	Tuna Noodle Casserole
Mon	28	Closed Memorial Day
Tue	29	Turkey Tetrizzini
Wed	30	Pasta Primavera
Thu	31	Beef & Broccoli



### June 2012

Fri	1	Spinach & Cheese Quiche
Mon	4	Baked Ham
Tue	5	Turkey Ala King
Wed	6	Franks & Beans
Thu	7	Chicken Cacciatore
Thu	8	Breaded Fish
Mon	11	Stuffed Shells w/Sausage
Tue	12	Roast Beef Dinner
Wed	13	Kielbasa w/Sauerkraut
Thu	14	Corned Beef & Cabbage
Fri	15	Macaroni & Cheese
Mon	18	Veal Scaloppini
Tue	19	Baked Chicken
Wed	20	Baked Ziti
Thu	21	Beef Stroganoff
Fri	22	Tuna Noodle Casserole
Mon	25	Salisbury Steak
Tue	26	Turkey Tetrizzini
Wed	27	Pasta Primavera
Thu	28	Beef & Broccoli
Fri	29	Spinach & Cheese Quiche

## MEAL CENTER EVENTS

Call Meal Center, 393-1946, or stop by for more information

### Every Monday to Friday:

10:00 am. Coffee & Cards,

10:30 am Coffee & Conversation

11:00 am. Penny Bingo

12:00 pm. Noon Lunch

### Every Monday

12:35 pm Grocery Shopping\*

\*Transportation is provided for this off-site shopping trip. Suggested donation: \$1.25 each way.

Time shown is when bus leaves the Center.

50-50 Raffle: winner splits with Catholic Charities Meal Program

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### MEMBERSHIP APPLICATION

Jan. 1 thru Dec. 31, 2012

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32 Worden Road, Glenville NY 12302

#### Annual Fee:

Glenville & Scotia residents: \$15 per person

Non-residents: \$25 per person

Check payable to: Scotia-Glenville Senior Citizens, Inc.

Check one: New Member Renewal [Senior = 55 or older]

Check one: Resident Non-resident

\* These items **required** on ALL applications – **new members and renewals**

**PLEASE PRINT**

\*Name1 \_\_\_\_\_

\*Name2 \_\_\_\_\_

\*Address \_\_\_\_\_

\*City/State/Zip \_\_\_\_\_ \*Phone \_\_\_\_\_

Interests/Talents/Comments \_\_\_\_\_

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### SENIOR STUMPERS ANSWERS



**A man and a woman:** Only four true-or-false possibilities exist: 1) brown=true, blue=true; 2) brown=true, blue=false; 3) brown=false, blue=true; and 4) brown=false, blue=false. At least one person is lying, so that leaves three possibilities: Nos. 2, 3, and 4.


But No. 2 (brown=true, blue=false) cannot be the case because, if it were, both of the people would be men. And No. 3 (brown=false, blue=true) can't be the case, because both would be women. That leaves the correct answer: No. 4 (brown=false, blue=false). Both of the people are lying, so the man has blue eyes, and the woman has brown eyes.

Of course, if either or both were transgendered, we have no idea how to analyze this.

**9, 8, 7...1**

STARTLING, STARING, STRING, STING, SIN, NJ, NI, Words in common:

The word HORN can be added to the end of each to make a new word.



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**Jamie MacFarland**  
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Liaison:  
**Tom Gifford**  
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